

SWISS MOUNTAIN SOCIETY STAGES OF HYPOTHERMIA

Stage	Mental Status	Shivering	Breathing	Est. Core Temperature
0	Alert, Oriented	Yes	Yes	>95°F (37°C)
I	Responsive to voice -confused, slurred speech, may appear disoriented or agitated	Yes	Yes	95-89.6 (35-32)
II	Drowsy -inappropriately responsive to pain or voice	No	Yes	89.5-82.4 (31.9-32)
III	Unresponsive to most stimuli – may respond slowly to deep pain	No	Yes	82.3-75.2 (27.9-24)
IV	Unresponsive	No	No	<75.2 (<24)