

MEDICATION REFERENCE LIST

DILTIAZEM (CARDIZEM)

1. **Classification:** antihypertensive, calcium channel blocker
2. **Physiologic Effect:** inhibits calcium influx into myocardial cells and arterial smooth muscle
3. **Major Indications:**
 - 3.1. acute hypertension
 - 3.2. angina
 - 3.3. rapid atrial fibrillation or atrial flutter
4. **Primary Contraindications:**
 - 4.1. hypersensitivity
 - 4.2. heart blocks
 - 4.3. hypotension
5. **Side Effects:**
 - 5.1. hypotension
 - 5.2. bradycardia
 - 5.3. headache
 - 5.4. dizziness
 - 5.5. arrhythmias
 - 5.6. nausea/vomiting
6. **Additional information:**
 - 6.1. monitor heart rate and blood pressure closely