

MEDICATION REFERENCE LIST

DIPHENHYDRAMINE (BENADRYL)

1. **Classification:** antihistamine
2. **Physiologic Effect:** blocks the cellular histamine receptors resulting in decreased capillary permeability; decreases itching, edema, bronchoconstriction, and vasodilation.
3. **Major Indication:** allergic reaction
4. **Primary Contraindications:**
 - 4.1. pregnancy
 - 4.2. nursing mothers
 - 4.3. newborns
 - 4.4. hypersensitivity
5. **Relative Contraindications:**
 - 5.1. bronchial asthma
 - 5.2. hyperthyroidism
6. **Side Effects:** drowsiness