

COOLING MEASURES

1. Level: EMT, AEMT, Paramedic, RN
2. Clinical Indications:
 - 2.1. Fever
 - 2.2. Hyperthermia (heat cramps, heat exhaustion, heat stroke)
3. Contraindications: Hypothermia
4. Complications: None
5. Procedure:
 - 5.1. Passive cooling
 - 5.1.1. Move patient to a cool environment
 - 5.1.2. Promote cooling by fanning
 - 5.1.3. Remove clothing
 - 5.1.4. Place cold packs on neck and axillary area
 - 5.2. Active cooling
 - 5.2.1. Sponge with room temperature water
 - 5.2.2. Consider 500cc fluid bolus if temperature is > 104°F, hypotensive or heat stroke is suspected.
6. Documentation: Document all changes on the electronic Patient Care Report.